



SEXUAL HEALTH INVENTORY FOR MEN¹

Print out this questionnaire and discuss it with your GP or urologist during your first appointment.

Over the Past 6 Months: (Circle one response per question)

1. How do you rate your confidence that you could get and keep an erection?

- Very Low 1
- Low 2
- Moderate 3
- High 4
- Very High 5

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?

- No sexual activity 0
- Almost never or never 1
- A few times 2
(much less than half the time)
- Sometimes 3
(about half the time)
- Most times 4
(much more than half the time)
- Almost always or always 5

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?

- Did not attempt intercourse 0
- Almost never or never 1
- A few times 2
(much less than half the time)
- Sometimes 3
(about half the time)
- Most times 4
(much more than half the time)
- Almost always or always 5

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

- Did not attempt intercourse 0
- Extremely difficult 1
- Very difficult 2
- Difficult 3
- Slightly difficult 4
- Not difficult 5

5. When you attempted sexual intercourse, how often was it satisfactory for you?

- Did not attempt intercourse 0
- Almost never or never 1
- A few times 2
(much less than half the time)
- Sometimes 3
(about half the time)
- Most times 4
(much more than half the time)
- Almost always or always 5

Add the numbers corresponding to questions 1–5

TOTAL: _____

The Sexual Health Inventory for Men further classifies ED severity with the following breakpoints:

1–7 Severe ED

8–11 Moderate ED

12–16 Mild to Moderate ED

17–21 Mild ED